"Creating Home"

Practical Care Strategies to Calm Anxiety and Agitation in Individuals with Dementia and Other Brain Challenges

Paula M. Taliaferro, MGS, LSW

People with brain challenges or dementia often get labeled as being "non-compliant" or "aggressive." We are understanding, through research, that many elements of the environment and the lack of knowledge of those around the person are almost certainly contributing to these behaviors if not causing them altogether. This session presents both general best practice techniques and then a practical framework to quickly analyze and de-escalate situations involving persons with brain challenges. It will also provide some guidance to decrease and prevent agitation and anxiety for these individuals in the future.

June 20, 2023

9:00 am - 12:15 pm • AAA7 Administrative Office

1 Acy Avenue ● Jackson, OH

Cost \$50 ● CEU Information Included on Back Page

REGISTER ONLINE – Please follow these instructions:

- 1) Log on to www.aaa7.org
- 2) Go to the "Training" Tab
- 3) Click on "Training Registration"
- 4) Complete the registration form 5) Two options to pay:
- PayPal once you register, we will send you the link to pay.
 - Mail Check Area Agency on Aging District 7,
 1 Acy Avenue, Jackson, OH 45640

Please see back page for more information about this training including course objectives, speaker bio and CEU information.

Course Objectives

At the conclusion of this "Creating Home" workshop, participants will be able to:

- 1. Describe general techniques to de-escalate interactions with individuals with brain challenges. (45 Minutes: case study, small group discussion, interactive lecture).
- 2. Using the "5 P Approach" ™ *, identify and implement strategies to both de-escalate situations involving agitation and prevent future challenges. (75 minutes: case study, small group discussion, interactive lecture).
- 3. Identify environmental components that increase agitation and decrease agitation in individuals with brain challenges and use this knowledge to set-up environments which better meet the needs of such individuals. (60 minutes: case study with video and slides, small group discussion, interactive lecture).

More About the Speaker - Paula Taliaferro, MSG, LSW

Paula works part-time at the Central Ohio Area Agency on Aging as an Outreach and Education Specialist and part-time as a Consultant Trainer outside of Central Ohio. As such, she has presented over 900 workshops in the last decade. Paula holds a Master's Degree in Gerontology from Scripps Gerontology Center at Miami University, and is licensed in Social Work in the State of Ohio. She is a PAC-Approved Trainer under Teepa Snow's Positive Approach Certification. She is developer of the "Aging in Ohio" course which is required of many professionals who work with older adults. In addition, she is one of two developers of the "Fundamentals of Guardianship" course sponsored by the Ohio Supreme Court's Judicial College and an Affiliated Trainer with the National Task Group on Intellectual Disabilities and Dementia Practices

<u>CEU Information</u> – Approved for CEUs through the National Association of Social Workers (NASW) Ohio Chapter for three (3) hours of CEUs for social workers - **333350-091923**.

The Ohio Board of Nursing accepts social work hours for RN CEUs. NASW is recognized as a Continuing Education Approver for social work CEUs by the OCSWMFT Board. If you are audited, provide the above number. This number does not match the format for other provider's numbers because NASW is a continuing education approver rather than a provider.

The Area Agency on Aging District 7, Inc., does not discriminate on the basis of race, color, sex, religion, national origin or disability. If you need special accommodations due to a disability, please let us know.

^{*}Used with Permission by Teepa Snow Positive Approach to Care, Inc.